



Higher Ground Covid-19 Volunteering guidelines

5th June 2020 (to be reviewed)

- From the weekend beginning Friday 12th of June we will be welcoming volunteers back on the site. Initially, there will be a maximum of three volunteers allowed at any one time but we will be reviewing numbers weekly. Social distancing of 2m (6.5ft) must be adhered to as recommended by the Department of Health and Public Health England.
- Unfortunately, the coffee den will remain closed until further notice.
- Volunteers will be allocated times to be on the site on a first come-first serve basis. Those unable to attend due to numbers will be offered a slot on the next operating day. If you would like to join us for a morning or afternoon session on Fridays or Saturdays, please email jane@higher-ground.org.uk. We will be signing volunteers in and volunteers will be given a brief health questionnaire (see attached).
- We regret that the Medway Building will be out of use apart from the toilet facilities. We will have 'best practice' posters in the bathrooms, accompanied by NHS hand-washing guidelines.
- As there will be no hot beverages and refreshments supplied by us at this time, we recommend that volunteers bring their own tea, coffee, drinks, snacks etc.
- Handwashing with soap and water will be required before and after garden activities. There will be handwashing stations around the site. Hand sanitizing gels will be available but we request wherever possible that volunteers bring their own gel and apply frequently.
- Rest breaks may be taken following social distancing guidelines. You may wish to bring your own camping chair to avoid sharing seated space.
- If volunteers feel comfortable wearing a face covering this is entirely the choice of the individual although not mandatory as all work will be carried out outside.
- **It is essential that you bring your own gardening gloves.** You may also wish to bring your own hand fork, kneeling mat or trowel however this is not essential as we will provide each volunteer with your own set of tools for the day's work along with a task sheet. The tools will be numbered to make monitoring easier and they will be washed and disinfected at the end of the working day.
- Volunteers will not be required to carry out any work in poly tunnels or to handle produce to be sold. All work will be outdoors, so please bring weather appropriate clothing and footwear, sun screen, waterproofs etc.

We look forward to seeing you! Jane and Sam